

# Lake Park Nutrition Center

## LUNCH

## October 2025



**OVER 60 - \$5.00**  
**UNDER 59 - \$8.00**

All meals served with 1%  
 milk, bread, margarine.

Meals served  
**Monday - Friday** at the  
 Lake Park City Center  
 2032 2nd Street  
 Lake Park.



**Meals on Wheels** available  
 delivered to homebound  
 qualified participants.

Meals are **prepared in a**  
**facility that uses wheat,**  
**soy, dairy and nuts.**

Menu subject to change.

**Thank You** for supporting  
 our local program!

**To Reserve or Cancel**  
**call 218-238-5336**  
**BEFORE 9:00 AM.**  
***\*Leave a Voicemail\****

Mon	Tue	Wed	Thu	Fri
		1 Chicken Breast Mashed Potato/Gravy Steamed Broccoli Pudding	2 BBQ Riblet/Bun Baked Beans Potato Salad Fruit Cup	3 Cheeseburger/Bun Oven Browned Potatoes BLT Salad Rice Krispie Bar
6 Baked Fish Baked Potato Creamed Peas Lemon Bar	7 Lasagnas Green Beans Bread Stick Mandarin Oranges	8 Chicken Strips Mashed Potato/Gravy California Blend Cookie	9 Beef Stroganoff Egg Noodles Coleslaw Dinner Roll Fruit Cup	10 Chicken & Dumplings Peas & Carrots Fruit
13 Swiss Steak Baked Potato Mixed Vegetables Pudding/Topping	14 Hot Turkey Sandwich Mashed Potato/Gravy Carrots Bar	15 Baked Ham Au Gratin Potatoes Corn Fruit Cocktail	16 Pork Chop Mashed Potato/Gravy Beets Cookie	17 Porcupine Meatballs Parsley Boiled Potato Mixed Vegetable Cake
20 Porkchop Mashed Potato/Gravy Carrots Cookie	21 Potato Soup Ham Salad/Bun Fruit Cup Cake	22 Goulash Green Beans Breadstick Jello	23 Chicken Breast Baked Potato Baked Squash Cookie	24 Pork Roast Mashed Potato/Gravy Corn Pudding
27 Meatloaf Scalloped Potatoes Carrots Applesauce	28 Riblet Scalloped Potatoes Mixed Vegetable Cookie	29 Mushroom Steak Mashed Potato/Gravy Carrots Cookie	30 Spaghetti Green Beans Breadstick Mandarin Oranges	31 Tater Tot Hotdish Fruited Gelatin Bar 